Sacramento, the capital of California, was founded in 1849 and is the oldest incorporated city in California. A designated "Tree City," with more trees lining its streets than any other metropolis in California, Sacramento has over 250,000 varieties of fruit, flowering, and palm trees.

Sacramento is home to the California Gold Rush Commercial Center, which houses the California State Indian Museum, the Sacramento Historic City Cemetery, the California State Capitol Museum, The California Museum, the Sacramento History Museum, Folsom History Museum, the Sojourner Truth Multicultural Arts Center, and the Heidrick Ag History Center. Sacramento also has several specialty museums and landmarks, including the Wells Fargo History Museum, the Aerospace Museum of California, the California State Railroad Museum, the California Automobile Museum, the Croker Art Museum, the California Foundry History Museum, the California Military Museum, the Don and June Salvadori California Pharmacy Museum, the Museum of Medical History, Discovery Museum's Science & Space Center, the Explorit Science Center, and the Old Sacramento Schoolhouse Museum.

Theater opportunities are available at the B Street Theatre, the Sacramento Community Center Theatre, The Wells Fargo Pavilion, the Croker Art Museum Company, The Venenuti Performing Arts Center, the California Musical Theatre, the City Theatre at Sacramento City College, The River Stage, the 24th St. Theatre, the Arden Playhouse, and the Studio Theatre. Sacramento also offers a variety of clubs and live music venues.

**Neighborhoods**

The neighborhoods in Downtown/Midtown/Old Sacramento include Alkali Flat/La Valentina, Boulevard Park, Capitol Area, and Lavender Heights. Composed of residential and retail areas within a 13 x 22-block area near the California State Capitol, Midtown is a mix of apartment buildings, condominiums, townhomes, and old Victorians, with construction dating from 1910 to the present. Old Sacramento is a 12-block restored neighborhood and is a state historic district lined with Victorian homes and old stone-and-brick buildings. New luxury high-rise dwellings are being raised and are transforming the Downtown area. Boulevard Park is an exclusively residential neighborhood in Midtown made up of well preserved older homes.

Other neighborhoods include Del Paso Heights and Robla, which have housing dating back to the 1920s and are located in northern Sacramento. East Sacramento has a mix of multimillion-dollar mansions, 1920s bungalows, Tudor-style homes, Mediterranean villas, single-family homes from the 1940s and 1950s, and various rental properties. Natomas, just minutes from Downtown, has single-family homes, condominiums, apartments, senior living, and multimillion-dollar riverfront homes along the Garden Highway.

**Parks and Recreation**

Sacramento boasts over 200 parks, including McClatchy Park, which has picnic areas, an adventure play area, 2 lighted ball fields, 2 basketball courts, 2 tennis courts, a swimming pool, and an amphitheater. Cesar Chavez Park hosts the Sacramento Farmer’s Market. The American River Parkway and Discovery Park both run along the American River and through Sacramento city and offer miles of trails, fishing, and picnic areas by the water. Folsom State Park is a man-made lake with beaches and water-based activities. Croker Park is directly across from the Croker Art Museum. William Land Park, home of the Sacramento Zoo, Fairytale Town, and Funderland, has pony rides, a nine-hole golf course, a rock garden, and picnic areas and ponds.

Sacramento also has Raging Waters Water Park, featuring more than 25 slides and attractions; Sacramento Marina, where the river meets the city with a full-service marina in a scenic riverfront park; and several dog parks complete with lights and off-the-leash options.

Sacramento’s professional sports teams include the Sacramento Kings (basketball) and the River Cats (baseball).

**Education**

The Sacramento City Unified School District (SCUSD) is Sacramento's primary school district and is among the largest in the state, with approximately 48,000 students in 60 elementary and kindergarten-through-grade-8 schools, 10 middle schools, and 13 high schools. The school district also operates five small high schools with specialties, such as new technology, engineering and sciences, and various health professions. In addition, the district also serves 20,000 adult education students.

Twin Rivers Unified School District operates in northern Sacramento County and educates approximately 27,000 preschool-through-adult-education students in 34 elementary schools, 6 junior high schools, 4 high schools, and 2 adult education facilities. Twin Rivers also supports six charter schools and six alternate schools.

Opportunities for higher education in Sacramento include California State University Sacramento, which has one of the largest California State University System campuses; Sacramento City College, which offers more than 80 fields of study; the American River College; and the Cosumnes River College. The Art Institute of California-Sacramento offers both bachelor's and associate's degrees in design, media, and culinary arts. Pacific McGeorge School of Law offers day, evening, and part-time programs for the study of law.

**Health Care**

Sacramento is served by 4 hospitals with over 1,548 licensed beds. In addition, the city is served by a freestanding substance abuse rehabilitation center, a children’s hospital, a cancer center, and a psychiatric center.